

## **REASONS TO SMILE**

A smile is not the result of victory, but the cause of the victory. Thus, face your challenges smilingly and see yourself conquering.....

A smile costs nothing.....Moreover, its' a harmless communicable disease.

Once you smile, you observe that the whole world is smiling. So just spread this beautiful disease of smiling wherever you go.

Do you know that smiling helps in exercising your 24 cheek muscles & you become more beautiful than ever every time you really smile? A wholehearted smile is a proof that you brushed your teeth in the morning. So why hide up your lovely smiles?

A smile fastens the circulation of blood in the body and makes you feel easy & fresh. It lowers your tension and makes your mind fit to think perfectly.

And lastly, a smile on your lips gives immense happiness to those people whom you love and who loves you.

So, just for their sake, **KEEP ON SMILING** .....

Did I ask you to smile? No!

Ok, then give me a lovely smile.....

**Anuradha Mukherjee**

233 (GF), I.P. Colony, Faridabad